

Gago Center for Fertility/Gago IVF

Multiple Pregnancy Risks and Gonadotropins

In women using injectable gonadotropins, the risk of multiple pregnancy is about 20% for twins and less than or equal to 5% for triplets or more in women age 37 years and younger. For women over the age of 37, the risk of multiples is lower but still present. It is important that you are aware of the risks associated with a multiple pregnancy, which include preterm labor, early bed rest (around week 18 of the pregnancy), miscarriage and preterm birth, with risks to the babies which include blindness, cerebral palsy and mental retardation. For pregnancies complicated by triplets or more, selective reduction is an option, although it is an option one would never wish to face and includes the risk of losing the entire pregnancy.

I understand the risk of getting pregnant with a multiple pregnancy and the potential risks involved in these types of pregnancies. To avoid these risks, I can choose to cancel the cycle while understanding that I should either have protected intercourse or no intercourse until my menses.

Patient Name: _____

Patient Signature: _____ **Date:** _____

Partner Name: _____

Partner Signature _____ **Date:** _____

Witness: _____ **Date:** _____