

# Gago Center for Fertility/Gago IVF

## Hysteroscopy

Name: \_\_\_\_\_

Appointment Date/Time: \_\_\_\_\_

You have been scheduled for a hysteroscopy, which is a visual examination of the endometrial cavity, using a scope with a camera on it, while injecting sterile saline into the cavity. This procedure is done at our facility in the Genoa Medical Center.

This procedure is used to determine if there are any abnormalities of the uterus. Abnormalities such as polyps, fibroids, adhesions, and congenital anomalies may be detected.

A speculum is placed in the vagina, just as for a routine gynecologic exam. Your cervix is washed off with an iodine preparation prior to inserting a small scope with a camera on it through the cervical opening. Once the scope is in place, a visual examination of the endometrial cavity is done, while a saline fluid is injected. Both the patient and her partner can watch on the monitor as the exam is performed.

You may experience cramping which will rapidly resolve as the liquid flows back from the uterus. There are no limitations on diet or activity prior to the procedure; however, following the procedure, nothing in the vagina for 24 hours. Should you experience severe abdominal pain, heavy vaginal bleeding, foul smelling discharge, or fevers following the procedure, please call our office (810) 227-3232. If it is after hours or a weekend please call the answering service.

### Instructions

1. You may have breakfast/lunch prior to the hysteroscopy.
2. If possible, have someone accompany you to drive you home.
3. Take antibiotics as prescribed.
4. Please bring sanitary napkins. **DO NOT USE TAMPONS!**
5. Report any allergies to Tetracycline, Iodine, Shellfish, or IVP Dye.
6. A urine sample is needed upon arrival, so a pregnancy test may be performed.

### \*Note

PLEASE CALL (810) 227-3232 WITH DAY 1 OF MENSES TO CONFIRM APPOINTMENT. This test CANNOT be done during menstruation or if you may be pregnant. This test is usually done on days 6-12 of the menstrual cycle.

### Directions on how to take Medications:

**Doxycycline** 100 mg Capsules (Antibiotic to decrease risk of infection)

On day before the test:

1. Take 1 capsule in AM with meal
2. Take 1 capsule in evening with meal

Next 2 days:

1. Take 1 capsule in AM with meal
2. Take 1 capsule in evening with meal

**Motrin** 600mg Tablets (Decreases uterine cramping during hysteroscopy)

In the evening of day before the test:

Take 1 tablet at bedtime

Day of the test:

Take one tablet 1-2 hours before the test.

After test:

Take 1 tablet every 4-6 hours if needed for cramping