

# Gago Center for Fertility/Gago IVF

## Hysterosalpingogram (HSG)

### Patient Instructions

Name: \_\_\_\_\_

Appointment Date/Time: \_\_\_\_\_

An HSG is an X-Ray procedure of the female reproductive tract to determine the shape of the cervix and uterus, and if the fallopian tubes are open. Your physician and staff do this procedure in the Radiology department.

A speculum is placed in the vagina, just as for a routine gynecologic exam. Sometimes a small instrument is applied to stabilize the cervix. A very small tube is placed about 1/2" into the cervical opening. Some cramping may be experienced.

The X-Ray machine is then pulled OVER the pelvic area and dye is injected through the cervix into the uterus. If the fallopian tubes are open the dye will flow through the tubes and spill into the abdominal cavity. The dye is quickly absorbed into the bloodstream. A small amount of this dye may flow back into the vagina. Since this is clear sugar-based dye, there may be a sticky consistency to the discharge. This is why we ask you to bring a pad to this appointment.

This procedure is monitored on a TV screen, which both partner and patient may view. X-Ray films are also taken during the procedure and quickly developed. Finding may be discussed at the time with options and plan determined or an appointment with the physician may be required. The actual procedure lasts about 5 to 7 minutes. However, allow at least an hour for your visit.

It is normal to experience mild cramping, a small amount of bleeding, and/or sticky vaginal discharge. HOWEVER, if you experience bleeding similar to that of a period, excessive cramping, fever or chills, call our office at 810-227-3232. If it is after regular office hours, or on the weekend, follow the directions for emergency care given on the office answering machine. These problems rarely occur, but do need to be evaluated by your physician.

### INSTRUCTIONS

- You may have breakfast/lunch prior to X-Ray
- If possible, have someone accompany you to drive home.
- Low-heeled shoes preferable
- Take antibiotics as prescribed
- Please bring sanitary napkins. **DO NOT USE TAMPONS!**

- Report any allergies to aspirin, Tetracycline, Iodine, Shellfish, or IVP Dye.
- If you are taking Metformin or Glucophage do not take your dose the day before and the of your procedure
- No intercourse beginning cycle day 1 through day after procedure

**NOTE\***

PLEASE CALL 248-352-9525 WITH DAY 1 OF MENSES TO CONFIRM APPOINTMENT. This test CANNOT be done during menstruation or if you may be pregnant. **This Test is usually done days 6-10 of the cycle.**

**DIRECTIONS ON HOW TAKE MEDICATIONS**

**DOXYCYCLINE:** 100mg Capsules (antibiotics to decrease risk of infection)

**On the day before the test:**

- Take 1 capsule in AM with meal
- Take 1 capsule in PM with meal

**Next 2 days:**

- Take 1 capsule in AM with meal
- Take 1 capsule in PM with meal

**MOTRIN:** 600mg tablets (Decreases uterine cramping during X-Ray)

**In the evening of day before test:**

- Take 1 tablet at bedtime

**Day of the test:**

- Take 1 tablet 1-2 hours before procedure

**Day after test:**

Take 1 tablet 4-6 hours as needed for pain